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CURRENT FUNCTIONAL FOODS

Aims & Scope

Current Functional Foods is an interdisciplinary journal dedicated to advancing the scientific understanding of functional foods (both conventional and novel foods) and their role in human health and disease prevention. The journal publishes high-quality, peer-reviewed research on the bioactive properties of food ingredients, their mechanisms of action, and their applications in promoting health and preventing chronic conditions. It serves as a platform for innovative research, reviews, perspectives, and case reports that explore the interactions between diet and health, particularly through the consumption of functional foods. We are committed to providing evidence-based insights on how functional foods can be used in everyday nutrition to support and improve health outcomes across diverse populations.

Key Areas Covered:

1. Bioactive Components in Foods

Research on plant-based compounds (e.g., polyphenols, flavonoids, carotenoids), bioactive proteins, peptides, amino acids, phospholipids, dietary fibers, and prebiotics, and their impact...[Read more](#)

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