Meet the Editorial Board Member

Dr. Arun Ravindran is a Clinician Scientist at the Campbell Family Mental Health Research Institute and Staff Psychiatrist at Mood and Anxiety Services, for which he was the former Clinical Director and Chief. At the Department of Psychiatry, he is working as a full Professor in the division of Neuroscience & Clinical Translation; he is a founding Emeritus Director of its Global Mental Health Program, and is its current Advisor to the Chair in Global Mental Health. He is a full member of the Faculty at the Institute of Medical Sciences, University of Toronto.

Dr. Ravindran’s clinical and research interests include mood and anxiety disorders, in particular, the behavioural pharmacology of psychotropic agents and their synergy with psychological therapies. He has conducted neurobiological studies on their etiology. Dr. Ravindran has had a long interest in global mental health as well. He has developed, evaluated, and implemented effective mental health education and positive youth development programs in low- and middle-income countries in Asia and Central America. These programs focused on improving mental health knowledge, reducing stigma, building clinical capacity, improving mental well-being, and promoting social responsibility and leadership among transitional youth.

Dr. Ravindran has received peer-reviewed funding as principal or co-investigator of over $18 million and has over 350 peer-reviewed publications. In 2020 and 2021, he was nominated by the Web of Science - Clarivate to be in the top 1% of cited researchers in Psychiatry and Psychology, and across fields.

Some of his recent key contributions are as follows:


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